



PHYSICAL EDUCATION

A Level

Course Outline

The course builds on the student's experience from Key Stage 4 and or GCSE to enhance knowledge and understanding of the factors that affect performance and participation in physical education and sport. The content of the course includes: Applied anatomy and physiology, Skill acquisition, Sport and society, Biomechanical movement, Sport psychology, Sport and society and the role of technology in physical activity. Furthermore the course provides students with the opportunity to experience and foster an interest and enthusiasm for a variety of roles in sport, such as the player / performer or coach.



Useful skills and experience

First and foremost a commitment to and enthusiasm for sport and Physical Education are essential. Subject areas that complement the study of Physical Education include Psychology and Biology. Although the course content is designed to follow on from GCSE Physical Education it must be emphasised that is NOT a requirement for students wishing to follow this programme of study.



Assessment

Learning will take place in a practical context as well as the classroom environment, including group work, sports science research tasks, student presentations, quizzes, written and practical assessments. In relation to the formal external assessment process, you will undertake a practical assessment as a sports performer, official, leader and or coach as well as a two hour examination at the end of the academic year.



Where could this subject take me?

The qualifications' objective is to equip students with the skills and knowledge required for higher education or the world or work, including:

- Sports Science
- Physiotherapy
- Sports Psychology
- Physical Education teaching
- Working in the Leisure Industry



Exam Boards and Specification

AQA



Complementary Subjects

- Biology
- Psychology
- English



Entry Notes

Grade 4 in GCSE Physical Education if studied.
Grade 4 in GCSE Science or Biology. Students must demonstrate a high level of competence and regular competitive participation in at least one sport / physical activity.



Related Additional Activities

Active involvement with sport at school and club level



What our students say

"I love learning PE, from skills and strategies to history and sociology, psychology and anatomy in sport"

